ABSTRACT

The analysis of the Labor Well-being of the teachers includes the identification of satisfaction levels around the labor well-being, psychological, social and the work climate from the perspective of teachers and the schools leaders. The methodological approach applied was the holistic paradigm, with a mixed method (qualitative: outdoor training oriented from UBUNTU's philosophy, and quantitative: computerized assessment); with a general sample of 721 teachers and schools leaders. The tests administered were: Labor Well-being Scale ($\alpha$: .872), Psychological Well-being Scale ($\alpha$: .883), Social Well-being Scale ($\alpha$: .899) and Vital Satisfaction Scale ($\alpha$: .813). The main findings led to the development of Guidelines for the improvement of Well-being Labor Program of the teachers in the dimension personal, family social-affective and occupational.

Keywords: Well-being Labor Teaching; Outdoor Training; UBUNTU; Psychological Well-being; Social Well-being; Vital Satisfaction; Quality of Life; Computerized Assessment Online.